

The Ultimate Easy Tongue Drum Guide

Tongue drums are a beautiful and easy-to-play instrument that can be enjoyed by people of all ages. They are made from a single piece of metal, and the tongues are cut into the metal to create different pitches. Tongue drums are played by striking the tongues with your fingers or a mallet. The sound is ethereal and relaxing, and it can be used for meditation, yoga, or simply for enjoyment.



Ultimate Easy Tongue Drum Guide: Even if you've never played music before by Helen Winter

★★★★★ 5 out of 5

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In this guide, we will teach you everything you need to know to get started playing the tongue drum, including:

- How to choose the right tongue drum
- How to hold the tongue drum
- How to play basic rhythms

li>How to care for your tongue drum

How to Choose the Right Tongue Drum

The first step to learning how to play the tongue drum is to choose the right drum. There are many different types of tongue drums available, so it is important to do your research before you make a purchase. Here are a few things to consider when choosing a tongue drum:

- **Size:** Tongue drums come in a variety of sizes, from small drums that can be held in one hand to large drums that require two hands to play. The size of the drum will affect the sound, so it is important to choose a drum that is the right size for you.
- **Material:** Tongue drums are made from a variety of materials, including steel, aluminum, and titanium. The material of the drum will affect the sound and durability of the drum. Steel drums are the most common type of tongue drum, and they offer a bright, clear sound. Aluminum drums are lighter than steel drums, and they produce a warmer, more mellow sound. Titanium drums are the most expensive type of tongue drum, but they are also the most durable and they produce a rich, full sound.
- **Number of tongues:** Tongue drums come with a variety of different numbers of tongues. The number of tongues will affect the range of notes that the drum can play. Drums with more tongues will have a wider range of notes, but they will also be more difficult to play. For beginners, it is best to choose a drum with 8-10 tongues.
- **Scale:** Tongue drums can be tuned to a variety of different scales, including the pentatonic scale, the major scale, and the minor scale. The scale of the drum will affect the sound of the drum, so it is important to choose a scale that you like. For beginners, it is best to choose a drum that is tuned to the pentatonic scale, as this is the easiest scale to learn.

- **Price:** Tongue drums range in price from \$50 to \$500. The price of the drum will depend on the size, material, number of tongues, scale, and brand of the drum. It is important to set a budget before you start shopping for a tongue drum so that you can narrow down your choices.

How to Hold the Tongue Drum

Once you have chosen a tongue drum, you need to learn how to hold it. The correct way to hold the tongue drum is to place it on your lap with the tongues facing up. You can then use your fingers or a mallet to strike the tongues. It is important to hold the drum steady with your other hand so that it does not move.

How to Play Basic Rhythms

The next step is to learn how to play basic rhythms on the tongue drum. There are many different rhythms that you can play, but here are a few to get you started:

- **Single stroke:** This is the simplest rhythm to play. Simply strike one tongue with your finger or mallet.
- **Double stroke:** This rhythm is played by striking two tongues in succession. You can strike the same tongue twice or you can strike two different tongues.
- **Triple stroke:** This rhythm is played by striking three tongues in succession. You can strike the same tongue three times or you can strike three different tongues.

- **Roll:** This rhythm is played by striking the tongues in a continuous motion. You can use your fingers or a mallet to create a roll.

How to Care for Your Tongue Drum

Tongue drums are relatively easy to care for. Here are a few tips to help you keep your tongue drum in good condition:

- Store your tongue drum in a dry place when it is not in use.
- Avoid exposing your tongue drum to extreme temperatures.
- Clean your tongue drum with a soft cloth after each use.
- If your tongue drum starts to rust, you can remove the rust with a wire brush.

Tongue drums are a beautiful and easy-to-play instrument that can be enjoyed by people of all ages. In this guide, we have taught you everything you need to know to get started playing the tongue drum, including how to choose the right drum, how to hold it, and how to play basic rhythms. Now that you have the basics down, you can start experimenting with different rhythms and scales to create your own unique music.



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