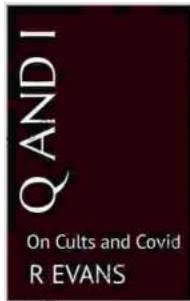


And On Cults And Covid



Q and I: On Cults and Covid by C.M. Benamati

★★★★★ 5 out of 5

Language : English
File size : 896 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 112 pages
Lending : Enabled



The COVID-19 pandemic has created a perfect storm for cults to thrive. Isolation, fear, and uncertainty have left many people vulnerable to the allure of cults, which offer a sense of community and belonging. But cults can be dangerous, and they can lead to serious harm.

Here are some things you need to know to protect yourself from cults:

- **Be aware of the signs of a cult.** Cults often use manipulative tactics to recruit and control their members. These tactics can include:
 - Love bombing: showering you with affection and attention to gain your trust.
 - Isolation: cutting you off from your family and friends.
 - Fearmongering: using scare tactics to keep you in line.
 - Control: dictating what you can and cannot do.

- **Trust your gut.** If something feels wrong about a group, it probably is. Don't ignore your instincts.
- **Do your research.** Before you join a group, do some research to learn more about it. Talk to other people who have been involved with the group, and read online reviews.
- **Set boundaries.** Don't let a group pressure you into doing anything you don't want to do. You have the right to say no.
- **Get help if you need it.** If you are concerned that you or someone you know is involved with a cult, reach out for help. There are many resources available to help people who are trying to leave cults.

The COVID-19 pandemic has made it more difficult for people to stay connected with their loved ones. This has created an opportunity for cults to prey on people who are feeling isolated and alone. If you are feeling lonely or vulnerable, be extra careful about the groups you join. And remember, you are not alone. There are people who care about you and want to help you.

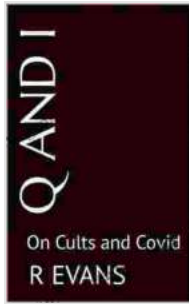
Additional Resources

- Cult Awareness Network
- Freedom of Mind
- International Cultic Studies Association
- Rick Ross Institute

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